

5 Socialization



Figure 5.1 Socialization is the way we learn the norms and beliefs of our society. From our earliest family and play experiences, we are made aware of societal values and expectations. (Photo courtesy of woodleywonderworks/flickr)

Learning Objectives

5.1. Theories of Self-Development

- Understand the difference between psychological and sociological theories of self-development
- Explain the process of moral development

5.2. Why Socialization Matters

- Understand the importance of socialization both for individuals and society
- Explain the nature versus nurture debate

5.3. Agents of Socialization

- Learn the roles of families and peer groups in socialization
- Understand how we are socialized through formal institutions like schools, workplaces, and the government

5.4. Socialization Across the Life Course

- Explain how socialization occurs and recurs throughout life
- Understand how people are socialized into new roles at age-related transition points
- Describe when and how resocialization occurs

Introduction to Socialization

In the summer of 2005, police detective Mark Holste followed an investigator from the Department of Children and Families to a home in Plant City, Florida. They were there to look into a statement from the neighbor concerning a shabby house on Old Sydney Road. A small girl was reported peering from one of its broken windows. This seemed odd because no one in the neighborhood had seen a young child in or around the home, which had been inhabited for the past three years by a woman, her boyfriend, and two adult sons.

Who was the mystery girl in the window?

Entering the house, Detective Holste and his team were shocked. It was the worst mess they'd ever seen, infested with cockroaches, smeared with feces and urine from both people and pets, and filled with dilapidated furniture and ragged window coverings.

Detective Holste headed down a hallway and entered a small room. That's where he found the little girl, with big, vacant eyes, staring into the darkness. A newspaper report later described the detective's first encounter with the child: "She lay on a torn, moldy mattress on the floor. She was curled on her side . . . her ribs and collarbone jutted out . . . her black hair was matted, crawling with lice. Insect bites, rashes and sores pocked her skin . . . She was naked—except for a swollen diaper. . . . Her name, her mother said, was Danielle. She was almost seven years old" (DeGregory 2008).

Detective Holste immediately carried Danielle out of the home. She was taken to a hospital for medical treatment and evaluation. Through extensive testing, doctors determined that, although she was severely malnourished, Danielle was able to see, hear, and vocalize normally. Still, she wouldn't look anyone in the eyes, didn't know how to chew or swallow solid food, didn't cry, didn't respond to stimuli that would typically cause pain, and didn't know how to communicate either with words or simple gestures such as nodding "yes" or "no." Likewise, although tests showed she had no chronic diseases or genetic abnormalities, the only way she could stand was with someone holding onto her hands, and she "walked sideways on her toes, like a crab" (DeGregory 2008).

What had happened to Danielle? Put simply: beyond the basic requirements for survival, she had been neglected. Based on their investigation, social workers concluded that she had been left almost entirely alone in rooms like the one where she was found. Without regular interaction—the holding, hugging, talking, the explanations and demonstrations given to most young children—she had not learned to walk or to speak, to eat or to interact, to play or even to understand the world around her. From a sociological point of view, Danielle had not been socialized.

Socialization is the process through which people are taught to be proficient members of a society. It describes the ways that people come to understand societal norms and expectations, to accept society's beliefs, and to be aware of societal values. *Socialization* is not the same as *socializing* (interacting with others, like family, friends, and coworkers); to be precise, it is a sociological process that occurs through socializing. As Danielle's story illustrates, even the most basic of human activities are learned. You may be surprised to know that even physical tasks like sitting, standing, and walking had not automatically developed for Danielle as she grew. And without socialization, Danielle hadn't learned about the material culture of her society (the tangible objects a culture uses): for example, she couldn't hold a spoon, bounce a ball,

or use a chair for sitting. She also hadn't learned its nonmaterial culture, such as its beliefs, values, and norms. She had no understanding of the concept of "family," didn't know cultural expectations for using a bathroom for elimination, and had no sense of modesty. Most importantly, she hadn't learned to use the symbols that make up language—through which we learn about who we are, how we fit with other people, and the natural and social worlds in which we live.

Sociologists have long been fascinated by circumstances like Danielle's—in which a child receives sufficient human support to survive, but virtually no social interaction—because they highlight how much we depend on social interaction to provide the information and skills that we need to be part of society or even to develop a "self."

The necessity for early social contact was demonstrated by the research of Harry and Margaret Harlow. From 1957 to 1963, the Harlows conducted a series of experiments studying how rhesus monkeys, which behave a lot like people, are affected by isolation as babies. They studied monkeys raised under two types of "substitute" mothering circumstances: a mesh and wire sculpture, or a soft terrycloth "mother." The monkeys systematically preferred the company of a soft, terrycloth substitute mother (closely resembling a rhesus monkey) that was unable to feed them, to a mesh and wire mother that provided sustenance via a feeding tube. This demonstrated that while food was important, social comfort was of greater value (Harlow and Harlow 1962; Harlow 1971). Later experiments testing more severe isolation revealed that such deprivation of social contact led to significant developmental and social challenges later in life.



Figure 5.2 Baby rhesus monkeys, like humans, need to be raised with social contact for healthy development. (Photo courtesy of Paul Asman and Jill Lenoble/flickr)

In the following sections, we will examine the importance of the complex process of socialization and how it takes place through interaction with many individuals, groups, and social institutions. We will explore how socialization is not only critical to children as they develop but how it is also a lifelong process through which we become prepared for new social environments and expectations in every stage of our lives. But first, we will turn to scholarship about self-development, the process of coming to recognize a sense of self, a "self" that is then able to be socialized.

5.1 Theories of Self-Development

When we are born, we have a genetic makeup and biological traits. However, who we are as human beings develops through social interaction. Many scholars, both in the fields of psychology and in sociology, have described the process of self-development as a precursor to understanding how that "self" becomes socialized.

Psychological Perspectives on Self-Development

Psychoanalyst Sigmund Freud (1856–1939) was one of the most influential modern scientists to put forth a theory about how people develop a sense of self. He believed that personality and sexual development were closely linked, and he divided the maturation process into psychosexual stages: oral, anal, phallic, latency, and genital. He posited that people's self-development is closely linked to early stages of development, like breastfeeding, toilet training, and sexual awareness (Freud 1905).

According to Freud, failure to properly engage in or disengage from a specific stage results in emotional and psychological consequences throughout adulthood. An adult with an oral fixation may indulge in overeating or binge drinking. An anal fixation may produce a neat freak (hence the term "anal retentive"), while a person stuck in the phallic stage may be promiscuous or emotionally immature. Although no solid empirical evidence supports Freud's theory, his ideas continue to contribute to the work of scholars in a variety of disciplines.

Making Connections: Sociological Research



Sociology or Psychology: What's the Difference?

You might be wondering: if sociologists and psychologists are both interested in people and their behavior, how are these two disciplines different? What do they agree on, and where do their ideas diverge? The answers are complicated, but the distinction is important to scholars in both fields.

As a general difference, we might say that while both disciplines are interested in human behavior, psychologists are focused on how the mind influences that behavior, while sociologists study the role of society in shaping behavior. Psychologists are interested in people's mental development and how their minds process their world. Sociologists are more likely to focus on how different aspects of society contribute to an individual's relationship with his world. Another way to think of the difference is that psychologists tend to look inward (mental health, emotional processes), while sociologists tend to look outward (social institutions, cultural norms, interactions with others) to understand human behavior.

Émile Durkheim (1858–1917) was the first to make this distinction in research, when he attributed differences in suicide rates among people to social causes (religious differences) rather than to psychological causes (like their mental wellbeing) (Durkheim 1897). Today, we see this same distinction. For example, a sociologist studying how a couple gets to the point of their first kiss on a date might focus her research on cultural norms for dating, social patterns of sexual activity over time, or how this process is different for seniors than for teens. A psychologist would more likely be interested in the person's earliest sexual awareness or the mental processing of sexual desire.

Sometimes sociologists and psychologists have collaborated to increase knowledge. In recent decades, however, their fields have become more clearly separated as sociologists increasingly focus on large societal issues and patterns, while psychologists remain honed in on the human mind. Both disciplines make valuable contributions through different approaches that provide us with different types of useful insights.

Psychologist Erik Erikson (1902–1994) created a theory of personality development based, in part, on the work of Freud. However, Erikson believed the personality continued to change over time and was never truly finished. His theory includes eight stages of development, beginning with birth and ending with death. According to Erikson, people move through these stages throughout their lives. In contrast to Freud's focus on psychosexual stages and basic human urges, Erikson's view of self-development gave credit to more social aspects, like the way we negotiate between our own base desires and what is socially accepted (Erikson 1982).

Jean Piaget (1896–1980) was a psychologist who specialized in child development who focused specifically on the role of social interactions in their development. He recognized that the development of self evolved through a negotiation between the world as it exists in one's mind and the world that exists as it is experienced socially (Piaget 1954). All three of these thinkers have contributed to our modern understanding of self-development.

Sociological Theories of Self-Development

One of the pioneering contributors to sociological perspectives was Charles Cooley (1864–1929). He asserted that people's self understanding is constructed, in part, by their perception of how others view them—a process termed “the looking glass self” (Cooley 1902).

Later, George Herbert Mead (1863–1931) studied the **self**, a person's distinct identity that is developed through social interaction. In order to engage in this process of “self,” an individual has to be able to view him or herself through the eyes of others. That's not an ability that we are born with (Mead 1934). Through socialization we learn to put ourselves in someone else's shoes and look at the world through their perspective. This assists us in becoming self-aware, as we look at ourselves from the perspective of the “other.” The case of Danielle, for example, illustrates what happens when social interaction is absent from early experience: Danielle had no ability to see herself as others would see her. From Mead's point of view, she had no “self.”

How do we go from being newborns to being humans with “selves?” Mead believed that there is a specific path of development that all people go through. During the preparatory stage, children are only capable of imitation: they have no ability to imagine how others see things. They copy the actions of people with whom they regularly interact, such as their mothers and fathers. This is followed by the play stage, during which children begin to take on the role that one other person might have. Thus, children might try on a parent's point of view by acting out “grownup” behavior, like playing “dress up” and acting out the “mom” role, or talking on a toy telephone the way they see their father do.

During the game stage, children learn to consider several roles at the same time and how those roles interact with each other. They learn to understand interactions involving different people with a variety of purposes. For example, a child at this stage is likely to be aware of the different responsibilities of people in a restaurant who together make for a smooth dining experience (someone seats you, another takes your order, someone else cooks the food, while yet another clears away dirty dishes).

Finally, children develop, understand, and learn the idea of the **generalized other**, the common behavioral expectations of general society. By this stage of development, an individual is able to imagine how he or she is viewed by one or many others—and thus, from a sociological perspective, to have a “self” (Mead 1934; Mead 1964).

Kohlberg's Theory of Moral Development

Moral development is an important part of the socialization process. The term refers to the way people learn what society considered to be “good” and “bad,” which is important for a smoothly functioning society. Moral development prevents people from acting on unchecked urges, instead considering what is right for society and good for others. Lawrence Kohlberg (1927–1987) was interested in how people learn to decide what is right and what is wrong. To understand this topic, he developed a theory of moral development that includes three levels: preconventional, conventional, and postconventional.

In the preconventional stage, young children, who lack a higher level of cognitive ability, experience the world around them only through their senses. It isn't until the teen years that the conventional theory develops, when youngsters become increasingly aware of others' feelings and take those into consideration when determining what's “good” and “bad.” The final stage, called postconventional, is when people begin to think of morality in abstract terms, such as Americans believing that everyone has the right to life, liberty, and the pursuit of happiness. At this stage, people also recognize that legality and morality do not always match up evenly (Kohlberg 1981). When hundreds of thousands of Egyptians turned out in 2011 to protest government corruption, they were using postconventional morality. They understood that although their government was legal, it was not morally correct.

Gilligan's Theory of Moral Development and Gender

Another sociologist, Carol Gilligan (1936–), recognized that Kohlberg's theory might show gender bias since his research was only conducted on male subjects. Would females study subjects have responded differently? Would a female social scientist notice different patterns when analyzing the research? To answer the first question, she set out to study differences between how boys and girls developed morality. Gilligan's research demonstrated that boys and girls do, in fact, have different understandings of morality. Boys tend to have a justice perspective, by placing emphasis on rules and laws. Girls, on the other hand, have a care and responsibility perspective; they consider people's reasons behind behavior that seems morally wrong.

Gilligan also recognized that Kohlberg's theory rested on the assumption that the justice perspective was the right, or better, perspective. Gilligan, in contrast, theorized that neither perspective was “better”: the two norms of justice served different purposes. Ultimately, she explained that boys are socialized for a work environment where rules make operations run smoothly, while girls are socialized for a home environment where flexibility allows for harmony in caretaking and nurturing (Gilligan 1982; Gilligan 1990).

Making Connections:

Sociology in the Real World



What a Pretty Little Lady!

“What a cute dress!” “I like the ribbons in your hair.” “Wow, you look so pretty today.”

According to Lisa Bloom, author of *Think: Straight Talk for Women to Stay Smart in a Dumbed Down World*, most of us use pleasantries like these when we first meet little girls. “So what?” you might ask.

Bloom asserts that we are too focused on the appearance of young girls, and as a result, our society is socializing them to believe that how they look is of vital importance. And Bloom may be on to something. How often do you tell a little boy how attractive his outfit is, how nice looking his shoes are, or how handsome he looks today? To support her assertions, Bloom cites, as one example, that about 50 percent of girls ages three to six worry about being fat (Bloom 2011). We're talking about kindergarteners who are concerned about their body image. Sociologists are acutely interested in of this type of gender socialization, by which societal expectations of how boys and girls should be—how they should behave, what toys and colors they should like, and how important their attire is—are reinforced.

One solution to this type of gender socialization is being experimented with at the Egalia preschool in Sweden, where children develop in a genderless environment. All the children at Egalia are referred to with neutral terms like “friend” instead of “he” or “she.” Play areas and toys are consciously set up to eliminate any reinforcement of gender expectations (Haney 2011). Egalia strives to eliminate all societal gender norms from these children’s preschool world.

Extreme? Perhaps. So what is the middle ground? Bloom suggests that we start with simple steps: when introduced to a young girl, ask about her favorite book or what she likes. In short, engage with her mind ... not her outward appearance (Bloom 2011).

5.2 Why Socialization Matters

Socialization is critical both to individuals and to the societies in which they live. It illustrates how completely intertwined human beings and their social worlds are. First, it is through teaching culture to new members that a society perpetuates itself. If new generations of a society don’t learn its way of life, it ceases to exist. Whatever is distinctive about a culture must be transmitted to those who join it in order for a society to survive. For U.S. culture to continue, for example, children in the United States must learn about cultural values related to democracy: they have to learn the norms of voting, as well as how to use material objects such as voting machines. Of course, some would argue that it’s just as important in U.S. culture for the younger generation to learn the etiquette of eating in a restaurant or the rituals of tailgate parties at football games. In fact, there are many ideas and objects that people in the United States teach children about in hopes of keeping the society’s way of life going through another generation.



Figure 5.3 Socialization teaches us our society’s expectations for dining out. The manners and customs of different cultures (When can you use your hands to eat? How should you compliment the cook? Who is the “head” of the table?) are learned through socialization. (Photo courtesy of Niyam Bhushan/flickr)

Socialization is just as essential to us as individuals. Social interaction provides the means via which we gradually become able to see ourselves through the eyes of others, and how we learn who we are and how we fit into the world around us. In addition, to function successfully in society, we have to learn the basics of both material and nonmaterial culture, everything from how to dress ourselves to what’s suitable attire for a specific occasion; from when we sleep to what we sleep on; and from what’s considered appropriate to eat for dinner to how to use the stove to prepare it. Most importantly, we have to learn language—whether it’s the dominant language or one common in a subculture, whether it’s verbal or through signs—in order to communicate and to think. As we saw with Danielle, without socialization we literally have no self.

Nature versus Nurture

Some experts assert that who we are is a result of **nurture**—the relationships and caring that surround us. Others argue that who we are is based entirely in **genetics**. According to this belief, our temperaments, interests, and talents are set before birth. From this perspective, then, who we are depends on **nature**.

One way researchers attempt to measure the impact of nature is by studying twins. Some studies have followed identical twins who were raised separately. The pairs shared the same genetics but in some cases were socialized in different ways. Instances of this type of situation are rare, but studying the degree to which identical twins raised apart are the same and different can give researchers insight into the way our temperaments, preferences, and abilities are shaped by our genetic makeup versus our social environment.

For example, in 1968, twin girls born to a mentally ill mother were put up for adoption, separated from each other, and raised in different households. The adoptive parents, and certainly the babies, did not realize the girls were one of five pairs of twins who were made subjects of a scientific study (Flam 2007).

In 2003, the two women, then age thirty-five, were reunited. Elyse Schein and Paula Bernstein sat together in awe, feeling like they were looking into a mirror. Not only did they look alike but they also behaved alike, using the same hand gestures and facial expressions (Spratling 2007). Studies like these point to the genetic roots of our temperament and behavior.

Though genetics and hormones play an important role in human behavior, sociology's larger concern is the effect society has on human behavior, the "nurture" side of the nature versus nurture debate. What race were the twins? From what social class were their parents? What about gender? Religion? All these factors affected the lives of the twins as much as their genetic makeup and are critical to consider as we look at life through the sociological lens.

Making Connections:



the

Big Picture

The Life of Chris Langan, the Smartest Man You've Never Heard Of

Bouncer. Firefighter. Factory worker. Cowboy. Chris Langan spent the majority of his adult life just getting by with jobs like these. He had no college degree, few resources, and a past filled with much disappointment. Chris Langan also had an IQ of over 195, nearly 100 points higher than the average person (Brabham 2001). So why didn't Chris become a neurosurgeon, professor, or aeronautical engineer? According to Malcolm Gladwell (2008) in his book *Outliers: The Story of Success*, Chris didn't possess the set of social skills necessary to succeed on such a high level—skills that aren't innate but learned.

Gladwell looked to a recent study conducted by sociologist Annette Lareau in which she closely shadowed 12 families from various economic backgrounds and examined their parenting techniques. Parents from lower income families followed a strategy of "accomplishment of natural growth," which is to say they let their children develop on their own with a large amount of independence; parents from higher-income families, however, "actively fostered and accessed a child's talents, opinions, and skills" (Gladwell 2008). These parents were more likely to engage in analytical conversation, encourage active questioning of the establishment, and foster development of negotiation skills. The parents were also able to introduce their children to a wide range of activities, from sports to music to accelerated academic programs. When one middle-class child was denied entry to a gifted and talented program, the mother petitioned the school and arranged additional testing until her daughter was admitted. Lower-income parents, however, were more likely to unquestioningly obey authorities such as school boards. Their children were not being socialized to comfortably confront the system and speak up (Gladwell 2008).

What does this have to do with Chris Langan, deemed by some the smartest man in the world (Brabham 2001)? Chris was born in severe poverty, moving across the country with an abusive and alcoholic stepfather. His genius went largely unnoticed. After accepting a full scholarship to Reed College, he lost his funding after his mother failed to fill out necessary paperwork. Unable to successfully make his case to the administration, Chris, who had received straight A's the previous semester, was given F's on his transcript and forced to drop out. After he enrolled in Montana State, an administrator's refusal to rearrange his class schedule left him unable to find the means necessary to travel the 16 miles to attend classes. What Chris had in brilliance, he lacked in practical intelligence, or what psychologist Robert Sternberg defines as "knowing what to say to whom, knowing when to say it, and knowing how to say it for maximum effect" (Sternberg et al. 2000). Such knowledge was never part of his socialization.

Chris gave up on school and began working an array of blue-collar jobs, pursuing his intellectual interests on the side. Though he's recently garnered attention for his "Cognitive Theoretic Model of the Universe," he remains weary of and resistant to the educational system.

As Gladwell concluded, "He'd had to make his way alone, and no one—not rock stars, not professional athletes, not software billionaires, and not even geniuses—ever makes it alone" (2008).



Figure 5.4 Identical twins may look alike, but their differences can give us clues to the effects of socialization. (Photo courtesy of D. Flam/flickr)

Sociologists all recognize the importance of socialization for healthy individual and societal development. But how do scholars working in the three major theoretical paradigms approach this topic? Structural functionalists would say that socialization is essential to society, both because it trains members to operate successfully within it and because it perpetuates culture by transmitting it to new generations. Without socialization, a society’s culture would perish as members died off. A conflict theorist might argue that socialization reproduces inequality from generation to generation by conveying different expectations and norms to those with different social characteristics. For example, individuals are socialized differently by gender, social class, and race. As in Chris Langan’s case, this creates different (unequal) opportunities. An interactionist studying socialization is concerned with face-to-face exchanges and symbolic communication. For example, dressing baby boys in blue and baby girls in pink is one small way we convey messages about differences in gender roles.

5.3 Agents of Socialization

Socialization helps people learn to function successfully in their social worlds. How does the process of socialization occur? How do we learn to use the objects of our society’s material culture? How do we come to adopt the beliefs, values, and norms that represent its nonmaterial culture? This learning takes place through interaction with various agents of socialization, like peer groups and families, plus both formal and informal social institutions.

Social Group Agents

Social groups often provide the first experiences of socialization. Families, and later peer groups, communicate expectations and reinforce norms. People first learn to use the tangible objects of material culture in these settings, as well as being introduced to the beliefs and values of society.

Family

Family is the first agent of socialization. Mothers and fathers, siblings and grandparents, plus members of an extended family, all teach a child what he or she needs to know. For example, they show the child how to use objects (such as clothes, computers, eating utensils, books, bikes); how to relate to others (some as “family,” others as “friends,” still others as “strangers” or “teachers” or “neighbors”); and how the world works (what is “real” and what is “imagined”). As you are aware, either from your own experience as a child or from your role in helping to raise one, socialization includes teaching and learning about an unending array of objects and ideas.

Keep in mind, however, that families do not socialize children in a vacuum. Many social factors affect the way a family raises its children. For example, we can use sociological imagination to recognize that individual behaviors are affected by the historical period in which they take place. Sixty years ago, it would not have been considered especially strict for a

father to hit his son with a wooden spoon or a belt if he misbehaved, but today that same action might be considered child abuse.

Sociologists recognize that race, social class, religion, and other societal factors play an important role in socialization. For example, poor families usually emphasize obedience and conformity when raising their children, while wealthy families emphasize judgment and creativity (National Opinion Research Center 2008). This may occur because working-class parents have less education and more repetitive-task jobs for which it is helpful to be able to follow rules and conform. Wealthy parents tend to have better educations and often work in managerial positions or careers that require creative problem solving, so they teach their children behaviors that are beneficial in these positions. This means children are effectively socialized and raised to take the types of jobs their parents already have, thus reproducing the class system (Kohn 1977). Likewise, children are socialized to abide by gender norms, perceptions of race, and class-related behaviors.

In Sweden, for instance, stay-at-home fathers are an accepted part of the social landscape. A government policy provides subsidized time off work—480 days for families with newborns—with the option of the paid leave being shared between mothers and fathers. As one stay-at-home dad says, being home to take care of his baby son “is a real fatherly thing to do. I think that’s very masculine” (Associated Press 2011). Close to 90 percent of Swedish fathers use their paternity leave (about 340,000 dads); on average they take seven weeks per birth (The Economist, 2014). How do U.S. policies—and our society’s expected gender roles—compare? How will Swedish children raised this way be socialized to parental gender norms? How might that be different from parental gender norms in the United States?



Figure 5.5 The socialized roles of dads (and moms) vary by society. (Photo courtesy of Nate Grigg/flickr)

Peer Groups

A **peer group** is made up of people who are similar in age and social status and who share interests. Peer group socialization begins in the earliest years, such as when kids on a playground teach younger children the norms about taking turns, the rules of a game, or how to shoot a basket. As children grow into teenagers, this process continues. Peer groups are important to adolescents in a new way, as they begin to develop an identity separate from their parents and exert independence. Additionally, peer groups provide their own opportunities for socialization since kids usually engage in different types of activities with their peers than they do with their families. Peer groups provide adolescents’ first major socialization experience outside the realm of their families. Interestingly, studies have shown that although friendships rank high in adolescents’ priorities, this is balanced by parental influence.

Institutional Agents

The social institutions of our culture also inform our socialization. Formal institutions—like schools, workplaces, and the government—teach people how to behave in and navigate these systems. Other institutions, like the media, contribute to socialization by inundating us with messages about norms and expectations.

School

Most U.S. children spend about seven hours a day, 180 days a year, in school, which makes it hard to deny the importance school has on their socialization (U.S. Department of Education 2004). Students are not in school only to study math, reading, science, and other subjects—the manifest function of this system. Schools also serve a latent function in society by socializing children into behaviors like practicing teamwork, following a schedule, and using textbooks.



Figure 5.6 These kindergarteners aren't just learning to read and write; they are being socialized to norms like keeping their hands to themselves, standing in line, and reciting the Pledge of Allegiance. (Photo courtesy of Bonner Springs Library/flickr)

School and classroom rituals, led by teachers serving as role models and leaders, regularly reinforce what society expects from children. Sociologists describe this aspect of schools as the **hidden curriculum**, the informal teaching done by schools.

For example, in the United States, schools have built a sense of competition into the way grades are awarded and the way teachers evaluate students (Bowles and Gintis 1976). When children participate in a relay race or a math contest, they learn there are winners and losers in society. When children are required to work together on a project, they practice teamwork with other people in cooperative situations. The hidden curriculum prepares children for the adult world. Children learn how to deal with bureaucracy, rules, expectations, waiting their turn, and sitting still for hours during the day. Schools in different cultures socialize children differently in order to prepare them to function well in those cultures. The latent functions of teamwork and dealing with bureaucracy are features of U.S. culture.

Schools also socialize children by teaching them about citizenship and national pride. In the United States, children are taught to say the Pledge of Allegiance. Most districts require classes about U.S. history and geography. As academic understanding of history evolves, textbooks in the United States have been scrutinized and revised to update attitudes toward other cultures as well as perspectives on historical events; thus, children are socialized to a different national or world history than earlier textbooks may have done. For example, information about the mistreatment of African Americans and Native American Indians more accurately reflects those events than in textbooks of the past.

Making Connections: the Big Picture

Controversial Textbooks

On August 13, 2001, twenty South Korean men gathered in Seoul. Each chopped off one of his own fingers because of textbooks. These men took drastic measures to protest eight middle school textbooks approved by Tokyo for use in Japanese middle schools. According to the Korean government (and other East Asian nations), the textbooks glossed over negative events in Japan's history at the expense of other Asian countries.

In the early 1900s, Japan was one of Asia's more aggressive nations. For instance, it held Korea as a colony between 1910 and 1945. Today, Koreans argue that the Japanese are whitewashing that colonial history through these textbooks. One major criticism is that they do not mention that, during World War II, the Japanese forced Korean women into sexual slavery. The textbooks describe the women as having been "drafted" to work, a euphemism that downplays the brutality of what actually occurred. Some Japanese textbooks dismiss an important Korean independence demonstration in 1919 as a "riot." In reality, Japanese soldiers attacked peaceful demonstrators, leaving roughly 6,000 dead and 15,000 wounded (Crampton 2002).

Although it may seem extreme that people are so enraged about how events are described in a textbook that they would resort to dismemberment, the protest affirms that textbooks are a significant tool of socialization in state-run education systems.

The Workplace

Just as children spend much of their day at school, many U.S. adults at some point invest a significant amount of time at a place of employment. Although socialized into their culture since birth, workers require new socialization into a workplace, in terms of both material culture (such as how to operate the copy machine) and nonmaterial culture (such as whether it's okay to speak directly to the boss or how to share the refrigerator).

Different jobs require different types of socialization. In the past, many people worked a single job until retirement. Today, the trend is to switch jobs at least once a decade. Between the ages of eighteen and forty-six, the average baby boomer of the younger set held 11.3 different jobs (U.S. Bureau of Labor Statistics, 2014). This means that people must become socialized to, and socialized by, a variety of work environments.

Religion

While some religions are informal institutions, here we focus on practices followed by formal institutions. Religion is an important avenue of socialization for many people. The United States is full of synagogues, temples, churches, mosques, and similar religious communities where people gather to worship and learn. Like other institutions, these places teach participants how to interact with the religion's material culture (like a mezuzah, a prayer rug, or a communion wafer). For some people, important ceremonies related to family structure—like marriage and birth—are connected to religious celebrations. Many religious institutions also uphold gender norms and contribute to their enforcement through socialization. From ceremonial rites of passage that reinforce the family unit to power dynamics that reinforce gender roles, organized religion fosters a shared set of socialized values that are passed on through society.

Government

Although we do not think about it, many of the rites of passage people go through today are based on age norms established by the government. To be defined as an “adult” usually means being eighteen years old, the age at which a person becomes legally responsible for him- or herself. And sixty-five years old is the start of “old age” since most people become eligible for senior benefits at that point.

Each time we embark on one of these new categories—senior, adult, taxpayer—we must be socialized into our new role. Seniors must learn the ropes of Medicare, Social Security benefits, and senior shopping discounts. When U.S. males turn eighteen, they must register with the Selective Service System within thirty days to be entered into a database for possible military service. These government dictates mark the points at which we require socialization into a new category.

Mass Media

Mass media distribute impersonal information to a wide audience, via television, newspapers, radio, and the Internet. With the average person spending over four hours a day in front of the television (and children averaging even more screen time), media greatly influences social norms (Roberts, Foehr, and Rideout 2005). People learn about objects of material culture (like new technology and transportation options), as well as nonmaterial culture—what is true (beliefs), what is important (values), and what is expected (norms).

Making Connections:

Sociology in the Real World



Girls and Movies



Figure 5.7 Some people are concerned about the way girls today are socialized into a “princess culture.” (Photo courtesy of Jørgen Håland/flickr)

Pixar is one of the largest producers of children’s movies in the world and has released large box office draws, such as *Toy Story*, *Cars*, *The Incredibles*, and *Up*. What Pixar has never before produced is a movie with a female lead role. This changed with Pixar’s newest movie *Brave*, which was released in 2012. Before *Brave*, women in Pixar served as supporting characters and love interests. In *Up*, for example, the only human female character dies within the first ten minutes of the film. For the millions of girls watching Pixar films, there are few strong characters or roles for them to relate to. If they do not see possible versions of themselves, they may come to view women as secondary to the lives of men.

The animated films of Pixar’s parent company, Disney, have many female lead roles. Disney is well known for films with female leads, such as *Snow White*, *Cinderella*, *The Little Mermaid*, and *Mulan*. Many of Disney’s movies star a female, and she is nearly always a princess figure. If she is not a princess to begin with, she typically ends the movie by marrying a prince or, in the case of *Mulan*, a military general. Although not all “princesses” in Disney movies play a passive role in their lives, they typically find themselves needing to be rescued by a man, and the happy ending they all search for includes marriage.

Alongside this prevalence of princesses, many parents are expressing concern about the culture of princesses that Disney has created. Peggy Orenstein addresses this problem in her popular book, *Cinderella Ate My Daughter*. Orenstein wonders why every little girl is expected to be a “princess” and why pink has become an all-consuming obsession for many young girls. Another mother wondered what she did wrong when her three-year-old daughter refused to do “nonprincessy” things, including running and jumping. The effects of this princess culture can have negative consequences for girls throughout life. An early emphasis on beauty and sexiness can lead to eating disorders, low self-esteem, and risky sexual behavior among older girls.

What should we expect from Pixar’s new movie, the first starring a female character? Although *Brave* features a female lead, she is still a princess. Will this film offer any new type of role model for young girls? (O’Connor 2011; Barnes 2010; Rose 2011).

5.4 Socialization Across the Life Course

Socialization isn’t a one-time or even a short-term event. We aren’t “stamped” by some socialization machine as we move along a conveyor belt and thereby socialized once and for all. In fact, socialization is a lifelong process.

In the United States, socialization throughout the life course is determined greatly by age norms and “time-related rules and regulations” (Setterson 2002). As we grow older, we encounter age-related transition points that require socialization into a new role, such as becoming school age, entering the workforce, or retiring. For example, the U.S. government mandates that all children attend school. Child labor laws, enacted in the early twentieth century, nationally declared that

childhood be a time of learning, not of labor. In countries such as Niger and Sierra Leone, however, child labor remains common and socially acceptable, with little legislation to regulate such practices (UNICEF 2012).

Making Connections:

the

Big Picture

Gap Year: How Different Societies Socialize Young Adults



Figure 5.8 Age transition points require socialization into new roles that can vary widely between societies. Young adults in America are encouraged to enter college or the workforce right away, students in England and India can take a year off like British Princes William and Harry did, while young men in Singapore and Switzerland must serve time in the military. (Photo courtesy of Charles McCain/flickr)

Have you ever heard of gap year? It's a common custom in British society. When teens finish their secondary schooling (aka high school in the United States), they often take a year "off" before entering college. Frequently, they might take a job, travel, or find other ways to experience another culture. Prince William, the Duke of Cambridge, spent his gap year practicing survival skills in Belize, teaching English in Chile, and working on a dairy farm in the United Kingdom (Prince of Wales 2012a). His brother, Prince Harry, advocated for AIDS orphans in Africa and worked as a jackaroo (a novice ranch hand) in Australia (Prince of Wales 2012b).

In the United States, this life transition point is socialized quite differently, and taking a year off is generally frowned upon. Instead, U.S. youth are encouraged to pick career paths by their mid-teens, to select a college and a major by their late teens, and to have completed all collegiate schooling or technical training for their career by their early twenties.

In yet other nations, this phase of the life course is tied into conscription, a term that describes compulsory military service. Egypt, Switzerland, Turkey, and Singapore all have this system in place. Youth in these nations (often only the males) are expected to undergo a number of months or years of military training and service.

How might your life be different if you lived in one of these other countries? Can you think of similar social norms—related to life age-transition points—that vary from country to country?

Many of life's social expectations are made clear and enforced on a cultural level. Through interacting with others and watching others interact, the expectation to fulfill roles becomes clear. While in elementary or middle school, the prospect of having a boyfriend or girlfriend may have been considered undesirable. The socialization that takes place in high school changes the expectation. By observing the excitement and importance attached to dating and relationships within the high school social scene, it quickly becomes apparent that one is now expected not only to be a child and a student, but also a significant other. Graduation from formal education—high school, vocational school, or college—involves socialization into a new set of expectations.

Educational expectations vary not only from culture to culture, but also from class to class. While middle- or upper-class families may expect their daughter or son to attend a four-year university after graduating from high school, other families may expect their child to immediately begin working full-time, as many within their family have done before.

Making Connections:

Sociology in the Real World



The Long Road to Adulthood for Millennials

2008 was a year of financial upheaval in the United States. Rampant foreclosures and bank failures set off a chain of events sparking government distrust, loan defaults, and large-scale unemployment. How has this affected the United States's young adults?

Millennials, sometimes also called Gen Y, is a term that describes the generation born during the early eighties to early nineties. While the recession was in full swing, many were in the process of entering, attending, or graduating from high school and college. With employment prospects at historical lows, large numbers of graduates were unable to find work, sometimes moving back in with their parents and struggling to pay back student loans.

According to the *New York Times*, this economic stall is causing the Millennials to postpone what most Americans consider to be adulthood: “The traditional cycle seems to have gone off course, as young people remain untethered to romantic partners or to permanent homes, going back to school for lack of better options, traveling, avoiding commitments, competing ferociously for unpaid internships or temporary (and often grueling) Teach for America jobs, forestalling the beginning of adult life” (Henig 2010). The term Boomerang Generation describes recent college graduates, for whom lack of adequate employment upon college graduation often leads to a return to the parental home (Davidson, 2014).

The five milestones that define adulthood, Henig writes, are “completing school, leaving home, becoming financially independent, marrying, and having a child” (Henig 2010). These social milestones are taking longer for Millennials to attain, if they're attained at all. Sociologists wonder what long-term impact this generation's situation may have on society as a whole.

In the process of socialization, adulthood brings a new set of challenges and expectations, as well as new roles to fill. As the aging process moves forward, social roles continue to evolve. Pleasures of youth, such as wild nights out and serial dating, become less acceptable in the eyes of society. Responsibility and commitment are emphasized as pillars of adulthood, and men and women are expected to “settle down.” During this period, many people enter into marriage or a civil union, bring children into their families, and focus on a career path. They become partners or parents instead of students or significant others.

Just as young children pretend to be doctors or lawyers, play house, and dress up, adults also engage in **anticipatory socialization**, the preparation for future life roles. Examples would include a couple who cohabitate before marriage or soon-to-be parents who read infant care books and prepare their home for the new arrival. As part of anticipatory socialization, adults who are financially able begin planning for their retirement, saving money, and looking into future healthcare options. The transition into any new life role, despite the social structure that supports it, can be difficult.

Resocialization

In the process of **resocialization**, old behaviors that were helpful in a previous role are removed because they are no longer of use. Resocialization is necessary when a person moves to a senior care center, goes to boarding school, or serves time in jail. In the new environment, the old rules no longer apply. The process of resocialization is typically more stressful than normal socialization because people have to unlearn behaviors that have become customary to them.

The most common way resocialization occurs is in a total institution where people are isolated from society and are forced to follow someone else's rules. A ship at sea is a total institution, as are religious convents, prisons, or some cult organizations. They are places cut off from a larger society. The 6.9 million Americans who lived in prisons and penitentiaries at the end of 2012 are also members of this type of institution (U.S. Department of Justice 2012). As another example, every branch of the military is a total institution.

Many individuals are resocialized into an institution through a two-part process. First, members entering an institution must leave behind their old identity through what is known as a degradation ceremony. In a **degradation ceremony**, new members lose the aspects of their old identity and are given new identities. The process is sometimes gentle. To enter a senior care home, an elderly person often must leave a family home and give up many belongings which were part of his or her long-standing identity. Though caretakers guide the elderly compassionately, the process can still be one of loss. In many cults, this process is also gentle and happens in an environment of support and caring.

In other situations, the degradation ceremony can be more extreme. New prisoners lose freedom, rights (including the right to privacy), and personal belongings. When entering the army, soldiers have their hair cut short. Their old clothes are removed, and they wear matching uniforms. These individuals must give up any markers of their former identity in order to be resocialized into an identity as a “soldier.”



Figure 5.9 In basic training, members of the Air Force are taught to walk, move, and look like each other. (Photo courtesy of Staff Sergeant Desiree N. Palacios, U.S. Air Force/Wikimedia Commons)

After new members of an institution are stripped of their old identity, they build a new one that matches the new society. In the military, soldiers go through basic training together, where they learn new rules and bond with one another. They follow structured schedules set by their leaders. Soldiers must keep their areas clean for inspection, learn to march in correct formations, and salute when in the presence of superiors.

Learning to deal with life after having lived in a total institution requires yet another process of resocialization. In the U.S. military, soldiers learn discipline and a capacity for hard work. They set aside personal goals to achieve a mission, and they take pride in the accomplishments of their units. Many soldiers who leave the military transition these skills into excellent careers. Others find themselves lost upon leaving, uncertain about the outside world and what to do next. The process of resocialization to civilian life is not a simple one.

Chapter Review

Key Terms

anticipatory socialization: the way we prepare for future life roles

degradation ceremony: the process by which new members of a total institution lose aspects of their old identities and are given new ones

generalized other: the common behavioral expectations of general society

hidden curriculum: the informal teaching done in schools that socializes children to societal norms

moral development: the way people learn what is “good” and “bad” in society

nature: the influence of our genetic makeup on self-development

nurture: the role that our social environment plays in self-development

peer group: a group made up of people who are similar in age and social status and who share interests

resocialization: the process by which old behaviors are removed and new behaviors are learned in their place

self: a person’s distinct sense of identity as developed through social interaction

socialization: the process wherein people come to understand societal norms and expectations, to accept society’s beliefs, and to be aware of societal values

Section Summary

5.1 Theories of Self-Development

Psychological theories of self-development have been broadened by sociologists who explicitly study the role of society and social interaction in self-development. Charles Cooley and George Mead both contributed significantly to the sociological understanding of the development of self. Lawrence Kohlberg and Carol Gilligan developed their ideas further and researched how our sense of morality develops. Gilligan added the dimension of gender differences to Kohlberg's theory.

5.2 Why Socialization Matters

Socialization is important because it helps uphold societies and cultures; it is also a key part of individual development. Research demonstrates that who we are is affected by both nature (our genetic and hormonal makeup) and nurture (the social environment in which we are raised). Sociology is most concerned with the way that society's influence affects our behavior patterns, made clear by the way behavior varies across class and gender.

5.3 Agents of Socialization

Our direct interactions with social groups, like families and peers, teach us how others expect us to behave. Likewise, a society's formal and informal institutions socialize its population. Schools, workplaces, and the media communicate and reinforce cultural norms and values.

5.4 Socialization Across the Life Course

Socialization is a lifelong process that reoccurs as we enter new phases of life, such as adulthood or senior age. Resocialization is a process that removes the socialization we have developed over time and replaces it with newly learned rules and roles. Because it involves removing old habits that have been built up, resocialization can be a stressful and difficult process.

Section Quiz

5.1 Theories of Self-Development

- Socialization, as a sociological term, describes:
 - how people interact during social situations
 - how people learn societal norms, beliefs, and values
 - a person's internal mental state when in a group setting
 - the difference between introverts and extroverts
- The Harlows' study on rhesus monkeys showed that:
 - rhesus monkeys raised by other primate species are poorly socialized
 - monkeys can be adequately socialized by imitating humans
 - food is more important than social comfort
 - social comfort is more important than food
- What occurs in Lawrence Kohlberg's conventional level?
 - Children develop the ability to have abstract thoughts.
 - Morality is developed by pain and pleasure.
 - Children begin to consider what society considers moral and immoral.
 - Parental beliefs have no influence on children's morality.
- What did Carol Gilligan believe earlier researchers into morality had overlooked?
 - The justice perspective
 - Sympathetic reactions to moral situations
 - The perspective of females
 - How social environment affects how morality develops
- What is one way to distinguish between psychology and sociology?
 - Psychology focuses on the mind, while sociology focuses on society.
 - Psychologists are interested in mental health, while sociologists are interested in societal functions.
 - Psychologists look inward to understand behavior while sociologists look outward.